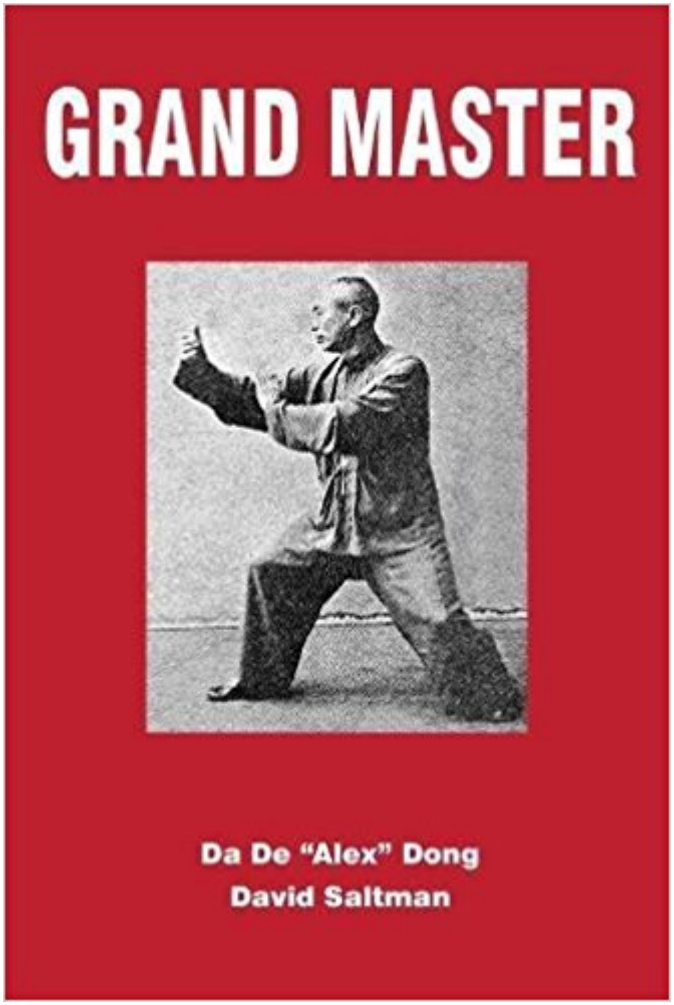
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Grand Master



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Synopsis

First time in English: the life story of Dong Ying Jie, Tai Chi chmpion of China during the lat half of the 20th Century. Grand Master of the Dong style, now practiced worldwide by many of the 250-million practitioners of Tai Chi. THIS EDITION FOR ESPRESSO BOOK MACHINE ONLY (BLACK & WHITE ILLUSTRATIONS)

Book Information

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Customer Reviews

World famous Tai Chi teacher. Great grandson of Dong Ying Jie - fourth generation master of this lineage.

This is an incredibly excellent book which documents the life of Dong Ying Jie and his exploits in martial arts and Tai Chi Chuan.From a early age, Dong was a sickly child under nourished and had taken up martial arts on the advice of his father. Dong excelledvia his Master Liu a famous Martial Artist who took Dong under his tutelage until he Dong exceeded his training. Later, Liu advisedhis best student Dong to seek out further training with the Yang Family Tai Chi Chuan advising Dong to "Work at it day after day, month aftermonth- it is more valuable than gold." Further, Liu told Dong, "From morning to evening you should constantly practice. Work at it unceasinglyand what your will obtain is more precious than Jade." Dong followed his beloved teachers advice and sought out the Yang Family teachersto deepen his solid foundation in the Martial Arts. The book highlights Dong’s extraordinary skill and deep understandingwhich borders on the mystical and supernatural. I don’t

think I have enjoyed a martial arts book as much as this one in a long time.I read it in a couple of days. If you are interested in Tai Chi and the Yang Family tradition this book is most excellent. Dong's legacy hasbeen passed down to his great, great grandson Alex Dong (coauthor of the book), and is taught all over the US. Great book.

David Saltman is a master communicator and legendary writer. I worked with him at CBS News where he was one of the most gracious and creative producers in its history. As a physician I love grand master because of the tremendous strength and healing power of this art. Bravo David!

Grandmaster is a well written account of the life of Tai Chi champion, Dong Ying Jie. The book takes the reader on a vivid and exciting journey of Dong Ying JieÃƒÂ¢Ã â ¬Ã â„¢s perseverance and personal growth. Beyond the excellent story telling in the book, I discovered many pertinent life lessons. The journey of Dong Ying Jie is one of growth, but also of self-discovery. I would recommend this book to anyone looking for a slice of inspiration for their daily life.

David Saltman and Alex Dong have created a wise book that is worthy of the title.A real gem!

This is a good story of the life of a Chinese master. I am shock Hollywood has not made is story into film.

Very easy reading! Inspiring! Kudos to Alex Dong and David Saltzman for this book about the Grand Master. Very good!

This is the first book to have a detailed account of the life of Dong Ying Jie, one of the great masters of Taijiquan. I highly recommend it for its historical, cultural, and technical value. On top of that, it's a great read.

Even though this book about Grandmaster Dong's life reads like a great martial arts movie, it's a true story. I greatly enjoyed the book and learned some new facts about several great figures in Taijiquan history. An excellent read.

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